



## The Art of Formation Discussion Guide

### Wk. 8 Discussion:

#### **Begin with prayer**

5 min

#### **Check In**

30-35 min

Greet one another and move into the check in time. Continue to practice grace and patience as you move through the prompts.

- Fruit: what has been bringing you joy lately?
- Thorn: what have you been struggling with lately?
- Vine: how have you seen or been connecting with God lately?
- Bud: what are you looking forward to?

#### **Discuss this week's practice**

20-25 min

- What have you discovered about your family during the genogram exercises?
- Do you typically accept, ignore, adopt, or reject what's modeled by your family?

#### **Open your bibles together**

30-35 min

- Read Deut. 7:9 & Exodus 34:6-7 & Luke 1:50
- The biblical narrative of faithfulness, sin, blessing, and curse are not limited to individuals, but are connected by generations. In other words, our lives are impacted by the generations that have come before us.
- Fruit: Are there any patterns of generational blessing in your family? How has that impacted you?
- Thorns: Are there any patterns of generational struggles in your family? How has that impacted you?
- Bud: How was the future discussed in your family? How has that impacted your hopes?
- Vine: How was God depicted to you growing up? How has that impacted your faith?
- Read Leviticus 26:40-41



- Even in the Old Testament, God was able to forgive the sins of previous generations and bring healing from the effects of the past. How are you asking God to bring healing to you?

**Prayer for healing for one another**

10 min

- Encourage the person who's assigned over prayer request to get them at this time

**Talk about the coming week's practice**

5 min

Encourage everyone to keep up with the practice throughout the week and look for fruits, thorns, vines, and buds.